

SCCDAT NEWS

Sumner County Community Drug Action Team

September 2020

ENGAGE! EMPOWER! EDUCATE!

- * **ENGAGE** communities, families and Youth in partnership to reduce substance abuse.
- * **EMPOWER** youth to make good decisions.
- **EDUCATE** community members about prevention, awareness, and programs.

September was Suicide Prevention Awareness Month

FACTS:

- In 2017, suicide was the 8th leading cause of death in Kansas. (CDC)
- **73.8% of Kansas suicides** in the past decade have been men. (KHI, 2018)
- 28.69% of Kansas teens reported that they had seriously considered suicide. (KCTC 2020)
- 53.8% of Kansas young adults reported that they or someone close to them had been concerned about their mental health at least once in the past month. (KCTC, 2019)





UPCOMING EVENTS:

- SCCDAT Monthly Meeting (Tuesday, October 13th)
- Kansas Prevention Collaborative Virtual Conference (October 14th-16th)
- National Red Ribbon Week (October 23rd—31st)
- Kansas Opioid Conference (November 12th)
- CADCA's National Leadership Forum (February 1st—4th)
- *Please contact us if you are interested in attending any of these events!*

7 Steps to prevent the spread of COVID-19

- **01** Wash your hands frequently
- 02 Avoid touching your eyes, nose, and mouth
- **03** Cover your mouth when you cough using a tissue or the bend of your elbow
- 04 Avoid crowded places and close contact with anyone who has fever or cough
- **05** Stay home if you feel unwell
- 06 Seek medical care early if you have a fever, coughs, and difficulty breathing—but call first
- 07 Get information from trusted sources

Your life. It Matters.

If you've had suicidal thoughts, this message is for you.

You are unique. You are loved. There is a way out. People will help you. The way you're feeling will change. You are not alone. You can be strong.

Talk openly and immediately about your pain. Help is all around you. **It Matters.**

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Organization Name Contact1 Contact2 24/7 Help 1-800-273-TALK

Where will using marijuana get you?

SCCDAT—Serving all of Sumner County



KANSAS Communities That Care Student Survey

SUMNER COUNTY



In 2020, 35.51% of Sumner County 6th/8th/10th/12th grade students reported that in the last 12 months, they had felt so sad or hopeless almost everyday for two weeks that they stopped doing some usual activities.

Contact Us

Give us a call for more information about the coalition and our programs.

Sumner County Community Drug Action Team (SCCDAT) PO Box 505 Wellington, KS 67152

(620) 326-4310 sccdat@usd353.com

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